

QUICK GUIDE FOR THE PARTICIPANT

Thank you for joining Life-Nitrazens! Your involvement is key to finding out whether our water bodies are affected by excessive nitrate levels. Follow this guide to successfully take part in the Life-Nitrazens nitrate monitoring network.

PHASE I

Establishment of the
Local Support Network

*Before starting:
registration*

1 Official Form



The first step is to register through our web form. It is essential in order to assign you an ambassador and a reference node.

2 WhatsApp Community



Once registered, you will be added to the channel for your area. There you will receive the notices and information: date of material delivery and of the mini-campaigns and we will resolve your doubts in the WhatsApp channel or through **life-nitrazens@ibercivis.es**

PHASE II.

Pre-sampling in the
mini-campaigns

*Before going out to
collect the water*

1 Material collection



Go to your node on the indicated day to collect your kit.

2 Planning



Choose your water point and make sure it is safe and you have permission. Avoid collecting from effluents of treatment plants or industries.

3 Geonity App



Download it on your mobile. It is the tool that links your sample with the project map.

PHASE III.

Establishment of the
Local Support Network

*Before starting:
registration*

1 *Representative zone of my water point:*



I collect the water at the point where the sample will be most representative (rivers and channels where the water flows, in standing water at the deepest zone, in wells let a pumping time elapse to purge the pipe and springs where the water has the most force or flow).

2 *Digital record*



Before taking the sample, open the Geonity App at the same place of collection to record the exact location and fill in the fields that the application asks you for with the information.

3 *Triple rinse*



Fill the bottle a little with the water you are going to sample, shake it and empty it. Repeat this three times.

4 *Definitive collection, no bubbles!*



Fill the bottle to the brim, trying to avoid air bubbles when closing the cap.

5 *Protection and cold*



Store the sample in the insulated bag, away from heat sources or direct sunlight.

6 *Entrega ao Nodo*



Deliver the sample to the node within 3 hours of collecting the sample. Time is crucial to ensure that the nitrates remain stable.